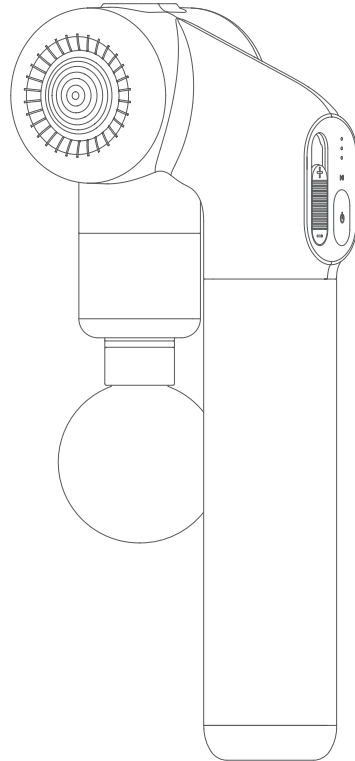


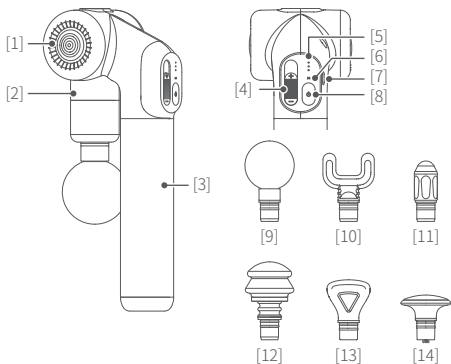
# KiCA Evo

Massage Device Instructions

V1.0



## Overview



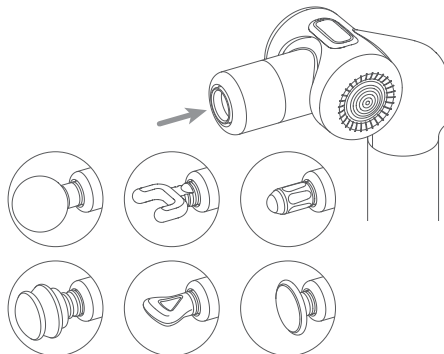
- |  |                    |
|--|--------------------|
| [1] Rotation button                        | [9] Spherical head |
| [2] Foldable arm                           | [10] U-shaped head |
| [3] Extendable handle (Built-in battery)   | [11] Cone head     |
| [4] Speed control button                   | [12] Tree head     |
| [5] Indicator for battery/revolution speed | [13] Wedge head    |
| [6] Mode indicator                         | [14] Heating head  |
| [7] Charging port                          |                    |
| [8] Power button/Heating button            |                    |

Massage head	Reference
Spherical head	Relax soft tissues and sensitive muscles
U-shaped head	Massage neck (not cervical vertebrae) and tendon
Cone head	Percuss deep tissues like meridians and acupoint, etc.
Tree head	Relax large, small and sensitive muscle groups
Wedge head	Massage lumbar and leg muscles
Heating head	Massage the muscles of the body

## Start to Use

### 1. Install / replace massage head

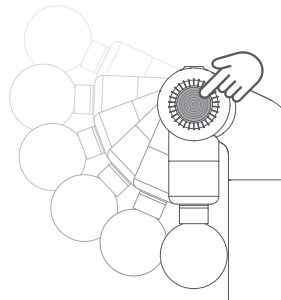
Install a massage head into the hole in front of the device according to your need.



### 2. Angle adjusting

Press the rotation button and hold it down then rotate the foldable arm (6 optional angles).

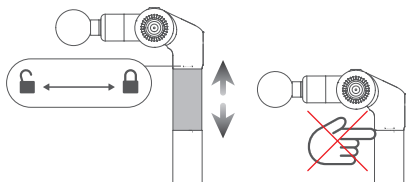
Release the rotation button to fix the foldable arm, and you can hear a "click" sound after fixed.



### 3. Extend and retract

Rotate the handle in direction of icon to unlock, then pull/push it to extend/retract, and lock it after the adjustment.

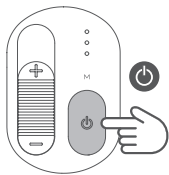
⚠ Do not hold the gaps when retract the handle, or it may hurt your hand.



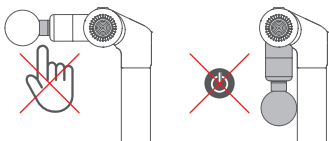
### 4. Power On / Off

Power On: Long press the power button until hear the tone.

Power Off: Long press the power button until hear the tone to power off. The product will auto power off, if there is no operation within 3 minutes in pause mode\*.



⚠ Do not touch the middle and the back of the two massage heads while the product is running to avoid injuries. Do not power on the device when it is folded.



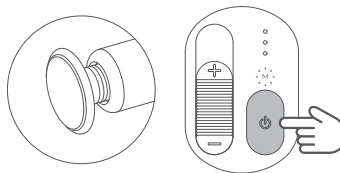
\* Pause mode: Slide the speed control button down to the bottom, the revolution speed will down to 0.

### 5. Hot compress

Install the heating head, and single tap the heating button when the device is running to turn on this function.

This function is unavailable with other massage heads.

Hot compress	Mode indicator	Temperature
Off (Default)	Green	Room temperature
On	Yellow	40°C ±3°C



### 6. Speed control

Slide the speed button to adjust revolution speed.

Revolution speed: 0\*~3200rpm ±10%

Figure	Revolution speed indicator	Revolution speed
		High
		Medium
		Low

### 7. Locked motor protection

⚠ Please do not press the massage head too hard to block the motor from rotating during use, as this can cause additional power consumption and cause the device to shut down due to low battery power, and can also reduce the service life of the product.

This product has locked motor protection function. If the rotation is blocked for 10 seconds, it will stop running automatically.

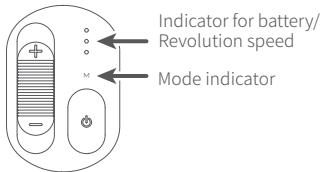
Single tap the power button to start again.

## 8. Intelligent protection

This product has intelligent protection function. After working for 10 minutes continuously and the product will stop running automatically.

Single tap the power button to start again.

## 9. Indicator



Indicator while using:

Indicator for battery/ Revolution speed	Mode indicator	Description
White light keeps on	Green light keeps on	Fully charged
White light flashes	Green light keeps on	Low power, need recharging
Light off	Yellow light flashes	Pause* and the hot compress function is on

Indicator while charging:

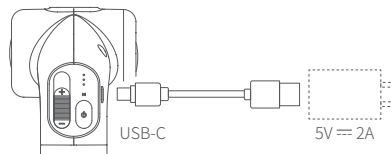
Indicator for battery/ Revolution speed	Mode indicator	Description
	Green light keeps on	Charging completed
	Red light flashes	High level of battery
	Red light flashes	Medium level of battery

Indicator for battery/ Revolution speed	Mode indicator	Description
	Red light flashes	Low power

Figure: ● Light off ☉ Light on

## 10. Charging

Do not use it while charging.



## 11. Specifications

Product Name: KiCA Evo Massage Device

Product Model: KiCAEvo

Operating Voltage Range: 13.2V-16.8V

Operating Temperature Range: 0°C ~+40°C

Charging Temperature Range: 0°C ~+40°C

Battery Capacity: 1600mAh

Charging Time: About 7.5H

Weight: About 690g

Size:

About 98×239×81mm (Fold)

About 148×330×81mm (Unfold to 90°, extended)

Theoretical Battery Life: About 12H (Test in lab environment with Low speed)

Packing list:

Main body×1, Spherical head×1, U-shaped head×1,

Cone head×1, Tree head×1, Wedge head×1, Heating head×1,

USB-C cable×1, Storage bag×1, Manual×1

## Contraindications

1. Cancers
2. Metal bone anastomosis (do not use the device directly in the fracture area)
3. Osteoporosis
4. Vein thrombosis and pulsation
5. Hypertension
6. Pregnant woman
7. Varicose veins
8. Acute inflammation
9. Do not massage the bony area
10. Do not massage surgical site
11. Do not massage the cervical vertebrae and spine
12. Kidney stones (do not use the device near the kidneys)
13. Do not massage one episode for more than 5 minutes

## Safety Instruction

1. It is recommend to massage your body after wearing dry clothes or placing a clean and dry towel on massage part, then gently press and move the device.
2. High-speed and high-pressure massage can only be used to soft tissues without feeling pain or maladjustments. Do not massage head and any skeletal sites with high speed and high pressure.
3. Massage the same part of the body with high speed and high pressure for a long time will.
4. Please keep your fingers, hair or, any other body hair away from the extendable part of the device to prevent pinching and clipping.
5. Do not discard or misuse this device.
6. Do not modify this device by yourself without permission.
7. Do not operate or charge the device when nobody was around.
8. This device is for adults only.
9. People with contraindicated symptoms should use this device with doctor's permission.

## Notice

1. Make sure the massage head is not blocked by external force when the device is power on. If it is blocked, it will pause for a while and try to restart.
2. DO NOT contact the product with water or other liquid for the massage device is not waterproof.
3. DO NOT disassemble the product except marked detachable. It need send to after-sales or authorized service center to fix it if you

accidentally disassemble it and cause abnormal work. The relevant costs are borne by users.

4. Prolonged continuous operation may cause the motor surface temperature to rise, please operate carefully.
5. DO NOT drop or strike the product. If the product is abnormal, contact After-sales support.

## Storage and Maintenance

1. Keep the product out of the reach of children and pets.
2. DO NOT leave the product near heat sources such as a furnace or heater. DO NOT leave the product inside of a vehicle on hot days.
3. Please storage the product in a dry environment.
4. DO NOT overcharge or overuse the battery, otherwise, it will cause damage to the battery core.
5. Never use the product when the temperature is too high or too low.

## Precautions when discarding the product

The lithium ion battery used by the product is a recyclable and renewable valuable resource.

When discarding it, please have it handled by a professional agency that can recycle chargeable batteries. Before discarding the product, power it off and take the lithium ion battery out from it following the steps below. The battery is to be disposed of safely.

1. Disassemble the top housing with help of a professional tool.
2. Pull out the batter terminals from the PCBA.
3. Use a professional cutter to cut off the bottom housing and then take out the battery.

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